

Quiz
Inside!



THERAVEDA[®]
ORGANIX

EASE YOUR MIND

Made with Certified Organic Herbs

Vegan • Gluten-Free



Satisfaction
Guaranteed



THERAVEDA
ORGANIX

EASE YOUR MIND – DAY & NIGHT

Made with Certified Organic Herbs



Stress Ease*

Reduce stress...

- Drink water!
- Find healthy ways to relieve daily stress: try laughter, meditation or breathing exercises.
- Exercise regularly.
- Find time to nourish yourself with activities you enjoy.
- **Take TheraVeda® Stress Ease!**
*Helps regulate stress & occasional anxiety**
*Restores mental alertness and energy**

Shatavari • Ashwagandha are both known for their benefits as adaptogens. Adaptogens are quite remarkable – they can increase your energy and stamina during the day while helping you to stay calm and sleep better during the night! Both herbs help to fortify physical and emotional wellness, and strengthen the immune and nervous systems.

** Stress Ease combines well with our Sleep Ease formula, especially during times of greater stress, occasional anxiety or if feeling run-down and depleted.

ARE YOU STRESSED?

1. Do you feel challenged by daily stress (physical, emotional, environmental)? **YES / NO**
2. Do you feel like you need caffeine or stimulants to keep you going through the day? **YES / NO**
3. Do you feel overly tired or “burned-out” on a daily basis? **YES / NO**
4. Do you sometimes feel depleted of strength and stamina during the day? **YES / NO**
5. Do you wish for a greater sense of calm and clarity regularly? **YES / NO**

If you answered Yes to
All 5 - Intense stress levels
3 or more - Moderate stress levels
Less than 3 - Mild stress levels



Money-back Guarantee: Use Stress Ease for 30 days and then retake the test. If you don't see an improvement, return the bottle to the store where you purchased it for a full refund.



Sleep Ease*

Sleep better...

- Establish good sleeping patterns, ideally 7-8 hrs of sleep a night.
- Avoid excess caffeine and stimulants.
- Reduce excess light in your bedroom.
- Find time to unwind before bedtime.
- Avoid overly stimulating TV or movies that may provoke anxiety.
- **Take TheraVeda® Sleep Ease!**
*Promotes a good night's rest**
*Supports relaxation & cognitive functions**

Bacopa • Jatamansi are known for their ability to reduce symptoms of stress and anxiety and help to balance the nervous system. Both herbs support memory and mental clarity, soothing restlessness to help calm, clear and focus the mind for a good night's rest.

** Sleep Ease is non-sedative and may be used during the day for some individuals. Sleep Ease combines well with our Stress Ease formula during times of greater stress, occasional anxiety or if feeling run-down and depleted.

ARE YOU SLEEPING WELL?

1. Do you have difficulty falling asleep? **YES / NO**
2. Do you wake up during the night and find it difficult to go back to sleep? **YES / NO**
3. Do you wake up feeling tired? **YES / NO**
4. Is it difficult for you to turn your mind “off” when it is time to go to sleep? **YES / NO**
5. Do you feel too wound up or anxious to fall asleep? **YES / NO**

If you answered Yes to
All 5 - Intense sleep issues
3 or more - Moderate sleep issues
Less than 3 - Mild sleep issues



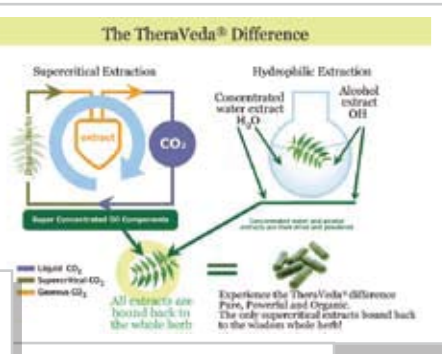
Money-back Guarantee: Use Sleep Ease for 30 days and then retake the test. If you don't see an improvement, return the bottle to the store where you purchased it for a full refund.



Ethically wild-crafted Shatavari from Umbari Farm, India



Organic Turmeric Flourishing at Umbari Farm, India



Creators of TheraVeda:
Dr. S. Phadke, Autumn Blum & Girish Soman

FAST-ACTING HERBAL SUPPLEMENTS FOR YOUR WHOLE BODY

Supercritical Whole-Herb Technology

Organix-South[®] uses an innovative, patent-pending technology that combines powerful supercritical extracts (SCO₂), hydrophilic extracts and raw whole herbs to create our effective TheraVeda[®] dietary supplements. This process allows us to offer the targeted potency and concentration of the extracts along with the holistic benefits of the whole herb, unlike any other herbal supplements available today. Discover the Power of TheraVeda.



The Organix-South Mission: To offer a synergy of organic, therapeutic and cruelty-free herbal products that are great for the whole family, your pets, and the planet too!

Ask for TheraVeda at your local Natural Foods & Supplements Store
For more information, visit us on the web at www.TheraVeda.com or call 1-888-989-6336.

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